



KANGAROO MOTHER CARE

BUNGOMA COUNTY

PRESENTER: DR. MAKOKHA FELICITAS

KPA 2016

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OUTLINE

- Demographic data
- KMC Roll out in Bungoma county
- Achievements
- Challenges
- Way forward



DEMOGRAPHICS

INDICATOR	POPULATION
Total population	1.6M
Women of reproductive age	384,461 (23.9%)
Total fertility rate	5.0%
Skilled birth attendant	41%
Estimated number of deliveries	64,352
Estimated live births	64,184

CAUSES OF NEONATAL DEATHS IN THE COUNTY

- Prematurity -27%
- Asphyxia – 26%
- Sepsis - 7%



2014 WORLD PREMATURETY DAY

- Pledged to support establishment and roll out of facility based continuous KMC in Bungoma County



KMC IMPLEMENTATION IN BUNGOMA COUNTY

Implementation through the support of Save The Children

- 110 HCWs trained– 8TOTs trained by Malawians
- Established 9 KMC
- Established follow up mechanism
- KMC champions model to promote peer to peer support
 - Support groups at facility level



BEDS DEDICATED TO KMC

FACILITY	No. of beds	STATUS
Bungoma CRH	8	KMC unit
Siboti H/C	3	KMC unit
Mt Elgon	3	KMC unit
Cheptais	2	KMC unit
Kopsiro	2	KMC unit
Bumula	2	Beds designated in Postnatal ward
Kimilili	3	KMC unit
Makhonge	2	KMC unit
Kabula	2	Beds designated in Post natal ward
TOTAL	27	

KMC Training Practical Session at Bungoma CRH









Show casing K during the first ladies visit to Bungoma (delivery of beyond Zero)



LESSONS LEARNT

- Start
- Train HCWs– NBU/ maternity; champions
- Integration of KMC in:
 - ANC health talks– birth plan
 - Routine newborn care services
 - CHVs training curriculum
- Involvement of peers is encouraging to mothers provide KMC



CHALLENGES

- Human resource– shortage, attitude, movements
- Inadequate space and lack of reclining beds for KMC
- Complications– Phototherapy, apnoea
- Lack of supplements in facilities– Iron syrup, Vit. D
- Incubators for extreme preterm babies, unstable
- Low skilled delivery rate



WAY FORWARD

- Scale up KMC in the whole county
 - Learning opportunity for counties beginning to implement KMC
- Sensitize community on KMC to promote male involvement, continuity of care beyond the facility
- Include KMC into routine M&E systems; documenting implementation, QIT
 - KMC included in MNH supervision
- Other interventions– Chlorhexidine for cord care, CPAP at the CRH
- KMC Annual reunion



PREMATURITY

- WHO recommendations on interventions to improve preterm birth outcomes
 - Magnesium sulphate for neuro-protection
- Continuum of care- Preconception, ANC, birth and postpartum
 - Prevention of preterm birth
- Long term ability and disability assessment– follow up and research



ACKNOWLEDGEMENT

- MoH staff
- Save the children
- KMC Champions
- Parents and other care givers



THANK YOU

